




# Farm Ranch Stress Assistance Network RI

## FRSAN RI

Help Is On the Way!

RI DEM- Division of Agriculture and the Center for Mediation and Collaboration are partnering to launch a mental health and wellness program for farmers, commercial fishers, and workers in forestry-related industries.



Workers in the farm, fisheries, and forestry (FFF) communities work in isolating, dangerous, and economically uncertain occupations where depression, anxiety, and suicidal thoughts are not uncommon.

We are bringing together stakeholders across the state to address the root causes of stress, and provide foundational supports to our farm, fishery and forestry communities.



### What Support Could Look Like

Financial Planning

Succession Planning

Tax Assistance

Employee Training and Retention

Programs

Land Access

Child Care

Substance Use Disorder Support

Counseling

### Steering Committee Members



RI-DEM Division of Agriculture, Center for Mediation and Collaboration RI, Commerce RI, Commercial Fisheries Center of RI, Farm Fresh RI, East Coast Shellfish Growers Association, Hope & Main, Northeast Organic Farmers Association-RI, RI Conservation Districts, RI Farm Bureau, RI Food Policy Council, RI Land Trust Council, RI Nursery and Landscape Association, Southside Community Land Trust, Tomaquag Museum, URI Cooperative Extension, Young Farmer Network of Southeastern New England

### Need Help Now?

401.414.LINK(5465) BH Link

800-273-8255 National Suicide Prevention Hotline

1-800-327-6243 Farm Aid Hotline

For information/support please reach contact Laurel Witri [laurel@cmcri.org](mailto:laurel@cmcri.org).

